

Overview

Over three intensive days this course provides the practical skills and knowledge needed to use coaching in the workplace.

The core elements of coaching are explained and practiced within a workplace context providing a fast-track to application.

Who Should Attend

- Managers and Team Leaders who wish to use coaching to improve team and business performance
- Personnel who currently perform or will be performing a coaching role
 - Those responsible for people engagement
 - Anyone wishing to achieve professional excellence and support the development of others

Learning Objectives:

- To understand what coaching is and its effectiveness in the workplace
 - To be able to use coaching to increase performance levels through people development
 - To learn skills that can support staff engagement
- To improve workplace relationships and build rapport amongst individuals and teams
- To develop skills to lead, manage and coach effectively

Content

The course will have particular relevance for those wishing to develop their leadership and management capability and achieve results through supporting the development of others.

The key objective is to help participants learn how to use a coaching approach to improve employee performance, job satisfaction and levels of engagement.

The course incorporates proven coaching methods with current and leading edge thinking from the fields of psychology, life sciences, NLP, management and leadership practice.

It will provide a challenging experience for participants and, as a result, benefit both the participant and the effectiveness of their organisation offering.

- A Business Case for The Coaching Approach
- Leadership, Management and Coaching in Context
- Core Skills: Listening, Questioning & Rapport
- Coaching With The GROW Model
- Effective Personal and Team Goal Setting
- Motivating Staff Towards High Performance
- Providing Feedback and Clear Expectations
- Working with Values and Beliefs
- Managing Workplace Stress and Conflict
- Using Emotional Intelligence
- Developing You as a Coach

Duration	3 Days
Fee	£Stg 915 € 1340
Dates & Location	beckinridge.com/schedule
On-Site Courses	Contact us to have this course delivered on-site or tailored to your needs